



CONCEPT2 BIKEERG® WITH PM5 SPECIFICATIONS

DESCRIPTION:	Institutional grade biking exercise machine with air-resistance flywheel, adjustable seat and ergonomic handlebars, and electronic performance monitor.
CONSTRUCTION:	<p>FRAME: Welded aluminum construction. Extruded and plate aluminum components. Steel construction feet. Black powder coat frame with rust-resistant undercoat.</p> <p>FLYWHEEL: Fully-enclosed flywheel is steel with glass reinforced ABS centrifugal fan attached. The flywheel enclosure is made of hi-impact, ABS Thermo-plastic. The polygroove belt system is quiet and reliable. A unique self-tightening system on each of the drive belts reduces slippage and extends belt life.</p> <p>PM5 MONITOR: Backlit liquid crystal display shows time/distance biked; Calories burned; power produced (watts); cadence; current output (watts, calories, meters); average pace (time per 1000 meters); library of preset workouts (timed, distance, timed interval, distance interval); projected finish (time or distance) and ability to save favorite workouts; split memory recall function. Compatible with ANT™+ and Bluetooth® Smart telemetry for heart rate monitoring. Choose from a variety of units and graphic displays including All Data, Force Curve, PaceRider, Bar Chart and Large Print.</p> <p>Manage workout data on a USB flash drive and/or transfer data to your Mac or PC. Supports machine-to-machine racing, plus wireless telemetry to computers and smartphones via the free Concept2 ErgData app and compatible third-party apps. Power generation feature extends the life of the batteries by providing operating power to the PM while pedaling. Monitor is powered by two 1.5 volt alkaline D cell (LR20) batteries (included). PM5 powers on upon pedaling; No external power source is needed.</p> <p>MISC: Adjustable air resistance; unique indexed ratcheting seat (25 seat height adjustment options) and handlebar height adjustment system. Unique design multi-position handlebars with permanent overmolded grip. Built in caster wheels for ease of movement. Integrated device holder accommodates devices of different sizes.</p> <p>BENEFITS: The Concept2 BikeErg is designed for health clubs and fitness centers as well as for individual use. The balance of momentum and resistance in the flywheel create a realistic, bike ride feel to the workout. User's foot remains in full contact with the foot pedal. The rugged institutional grade construction assures minimal maintenance. The electronic performance monitor is unique—once calibrated, it compensates for local conditions and damper setting, allowing accuracy for objective comparison between workouts as well as allowing measured competition between individuals.</p>
PHYSICAL SPECIFICATIONS:	The Concept2 BikeErg measures 48 in (122 cm) long by 24 in (61 cm) maximum width. An area of 60 in (152 cm) by 48 in (122 cm) is recommended for operation of the machine. Maximum user weight 350 lb (159 kg).
SPARE PARTS AND SERVICE:	Spare parts are available direct from the factory. Machines are user serviceable. Initial assembly takes approximately 30 minutes and subsequent installation of the most common spare parts is not difficult. Technical assistance is available during regular business hours (M-F 9:30 a.m.-4:00 p.m. ET).
WARRANTY:	Covers defective parts for a 2–5 year period from date of shipment. Copy of warranty is available upon request.

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Concept2 is the sole manufacturer and factory direct sales source for the Concept2 BikeErg. All prices are factory direct. Prices are subject to change without notice.

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